

BIRTH CUSTOMS, CHILDHOOD

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triplets are also thought to share the "k'la" among them, but I am not sure as I have not made inquiry concerning such cases.

It is common for Karen women in Lower Burma who are recovering from child-birth, to observe the custom that prevails among the Burmese, namely, to have a fire on an improvised hearth or in a brasier set near the mat on which they lie. The fire is kept burning constantly for several days or a week after their confinement, to assist them in regaining their strength. The hotter their rooms are kept, the more quickly they are supposed to recover their strength.

CHILDHOOD

The period of childhood is a short one among the Karen.* The baby early accompanies its mother on her journeys from place to place or to work, slung on her back by means of an old blanket or skirt. When she puts the infant down, she improvises a hammock out of this cloth by tying ropes to its corners and swinging it from the rafters of the house or the little hut in the field or from the branches of a tree. When the child grows a little older he plays about, while his mother is at work; and when he goes with her he rides on her hip. (See p. 172.) She does not always give up carrying her first child on the arrival of the second. More than once I have seen a mother struggling along with a smaller child on her back and a larger one astride of her hip.

The play of Karen children, more than that of the little folk of more advanced races, is imitative of the work of their elders. With little in the way of toys they gather a few bits of broken jars, which the girls utilize to cook rice in. The boys induce their father or some other male relative to make for them miniature bows and arrows, slings, and spears with which they assail dogs and crows, as well as small game along the edge of the jungle clearing. Streams afford places for them to play in the water or try for fish. With the sap of the banyan (bird-lime) smeared on a bamboo they may catch a crow for a pet. They tie together two bamboos, plantain stocks, or black bottles and lead them about as a yoke of oxen,

* On account of the fact that the Karen do not keep accurate age records, and also because of the shyness of the youth, it is difficult to obtain exact information as to when the children come to the age of puberty. The ages usually given me have been twelve for the girls and a year or two later for the boys. Two cases of arrested development of girls have come under my notice. Both of these died when they were reported to have been about sixteen or seventeen, and both were reported never to have had any periods. One appeared to be not more than a girl of nine or ten, while the other was larger but was emaciated and had defective eyes.